

## WORLD NO TOBACCO DAY held on 31st May 2021

## Organised by: Internal Quality Assurance Cell (IQAC), in association with NSS Unit Thambal Marik College, Oinam

Dr.R.K.Romen Singh Co-ordinator, IQAC L. Baleshwor Singh Dr. Th. Binarani Devi Nodal Officer, NSS Unit Principal,



D.O.No.14-12/2021 (CPP-II)

29th May, 2021

## Subject: World No Tobacco Day on 31st May, 2021

Respected Sir/Madam,

Every year, on 31<sup>st</sup> May, the World Health Organization (WHO) and global partners observe World No Tobacco Day (WNTD). The annual campaign is an opportunity to raise awareness on the harmful and deadly effects of tobacco use and second-hand smoke exposure, and to discourage the use of tobacco in any form. This year, the theme of World No Tobacco Day 2021 is **"Commit to Quit"**.

In this regard, you are requested to kindly observe the "World No Tobacco Day" in your esteemed university and the affiliated colleges on **31<sup>st</sup> May**, **2021** and organize a pledge-taking ceremony in a befitting manner following strict adherence to the Government Guidelines/Protocols on COVID-19. A copy of the pledge in English and Hindi is attached.

With kind regards,

Yours sincerely,

(Rajnish Jain)

The Vice-Chancellors of All Universities The Principals of all Colleges/ Institutes शपथ

विश्व तम्बाकू निषेध दिवस के इस अवसर पर मैं यह शपथ लेता / लेती हूँ कि मैं कभी भी धूम्रपान व अन्य किसी भी प्रकार के तम्बाकू उत्पादों का सेवन नहीं करूँगा / करुँगी एवं अपने परिजनों या परिचितों को भी धूम्रपान व अन्य तम्बाकू उत्पादों का सेवन नहीं करने के लिए प्रेरित करूँगा / करुँगी। मैं अपने कार्यालय परिसर को तम्बाकू मुक्त रखूंगा / रखूंगी और अपने सहयोगियों को भी इसके लिए प्रेरित करूँगा / करुँगी।

## PLEDGE

On this occasion of World No Tobacco Day, I take a pledge that I shall never smoke & consume any type of tobacco products in my life and motivate my family or acquaintances to not to smoke & use any tobacco products. I shall keep the campus of my office tobaccofree and shall also motivate my colleagues for the same.





















OBSERVANCE OF "WORLD NO TOBACO DAY 2021" (COMMIT TO QUIT) ON 31st May 2021 Organised by NSS Unit and Red Cross unit ,Thambal Marik





Helena devi kshetrimayum BA 1st semester Roll no.101 Thambal Marik College Oinam.


















